

Bread Clay

Supplies

- 10-12 pieces of bread
- 8 oz of school glue
- A bowl for mixing
- Food Coloring



Directions

Begin by cutting the crusts from the bread. Have kids rip and tear the bread over and over; the finer the crumbs the better.

Once the bread is all broken up give kids the bottles of glue and let them squeeze them into the bowl. Continue to mix the ingredients in the bowl until the dough begins to form.

If the clay feels sticky and isn't becoming pliable add more bread. Once the dough is formed remove it from the bowl and knead it with your hands, sprinkling flour as needed.

Divide the bread clay into bowls and add food coloring, using one bowl for each color of clay that you wish to make. Knead the color into the dough, adding more food coloring until the desired colors are achieved.

Add play dough tools, cookie cutters, and other gadgets, and the fun can begin!

Sensory Walk

Supplies

- plastic tubs
- material to fill the tub
- water beads
- sand
- dry black beans
- colored water
- shaving cream
- towels

Think outside the box and gather many different materials and textures



Directions

Set up tubs as a walking path using as many tubs as you can. When you design your sensory walk, make sure to keep in mind times when kids would need to clean their feet off before stepping into another bin (ex: shaving cream needs to be cleaned off before stepping into sand!).

Example path set up: dry black beans, water beads, blue water, towel, sand, shaving cream, green water, and towel.

Let the kids walk the sensory path and talk about the different textures and feelings

Grain Sensory Bin

Supplies

- Different types of pasta
- Oatmeal
- Cheerios
- Popcorn
- Rice
- Flour
- Bin
- Sifters
- Strainers



Directions

Pour all the grains into the bin. Let the kids mix with their hands, sort the different pastas, and sift and strain the grains.

Talk about where the different grains are farmed and how they are grown and harvested.